



# PSHE Education

The aim of our PSHE Education is to equip pupils with the knowledge, skills and positive attitudes to grow up as members of society who are empowered to make decisions about their own lives, are respectful of beliefs and lifestyles different to their own, whilst recognising what constitutes respectful and positive relationships with others. We strive to prepare pupils for adult life in Modern Britain in terms of academic and career readiness.

Our bespoke curriculum is tailored to meet the needs of our pupils using local data and knowledge of our children. It sets out learning opportunities for each key stage, in three core themes: Health and Wellbeing, Relationships, and Living in the Wider World.

## Intent

We aim to:



Promote well-being and emotional literacy.

Foster healthy relationships and social skills.

Instill confidence in personal safety and health.

Promote social responsibility and active citizenship.

Encourage self-respect and respect for others.

## Implementation

How we achieve our aims:



### Ambitious Curriculum for All

Our approach to teaching Personal, Social, Health and Economic Education is underpinned by the

[DFE Guidance – PSHE, RSHE](#)

and by evidence from

[Education Endowment Fund - Collaborative Learning](#)

### Substantive Knowledge

Developmental progression has been built in by revisiting themes year on year, building on and extending prior learning.

- Health and Well-being
- Relationships
- Living in the Wider World
- Financial Capability.

### Disciplinary Knowledge

Our curriculum encourages pupils to:

- Engage in self-reflection and critical thinking
- Understand the significance of their emotions, values, and behaviours
- Assess risks and make informed choices.
- Develop resilience and independence through interactive methodologies
- Develop an ability to think independently and act responsibly.

### Curriculum Links

PSHE Education links in various areas across the curriculum. Examples include:

- Science and PE – keeping our bodies and minds healthy
- History – how groups of people have been treated in the past
- Online Safety
- RE – an understanding and respect for people of other cultures and religions.

### Enrichment

We enhance our PSHE Education curriculum through:

- Extra-curricular activities
- Visits and visitors
- Termly enrichment days
- Assemblies
- Pastoral support – including Thrive

## Inclusive and Adaptive Teaching

All students participate in PSHE Education lessons regardless of ability, special educational needs, or disability. We create an inclusive learning environment where each child can engage meaningfully in the curriculum, with adaptations made as necessary.

### Support

- Connections to previous learning are made in a clear manner, both verbally and visually
- Activities are adapted to meet need and avoid cognitive overload for all, especially SEND children
- One to one and small group support within lessons
- Clarification and simplification of language and instruction

### Challenge

- Encouraging critical thinking by posing open-ended questions
- Facilitating collaborative discussions to explore diverse perspectives
- Implementing reflective activities to promote self-assessment and personal growth
- Empowering peer-led discussions to foster confidence in voicing opinions

## Assessment

Formative assessment takes place in every lesson:

- Questioning
- Assessing if the children are ready to move on at the point of teaching through in-class observation and discussion with pupils
- Assessment of effort and ability to contribute to peer discussion and articulate thoughts and views articulately

## Components of Effective Lessons

- The use of carefully designed screens and images
- Paired and group work to support exploration and promote oracy and discussion
- Direct teaching which makes clear connections with previous learning
- High quality modelling
- Consolidation through revisiting and evaluation in order to deepen learning
- Access to support materials and vocabulary
- Teachers and LSAs supporting learning, asking skilful, probing questions
- Use of physical resources and practical activities where appropriate
- Use of floor books to capture taught concepts, reflections, ideas and achievements over time

## Subject Leadership

### Resources

- High-quality, accredited materials such as Yasmine and Tom
- Physical resources for team-building games and activities
- Fiction and non-fiction texts
- Video clips
- Floor books

### CPD

CPD includes both in-house and online training. Staff are trained to teach and discuss potentially sensitive issues and concepts carefully and thoughtfully. Our subject lead is a member of the PSHE Association.

### Quality Assurance

We quality assure through:

- Pupil voice
- Pupil book study
- Learning walks
- Book looks
- Staff voice



## Impact

Our outcomes:



Children have an understanding of safety and respect for themselves and others around them.

Children form healthy relationships with others childhood and in readiness for adulthood.

Children ask perceptive questions and feel safe and confident to articulate their views and ideas.

Teaching teams are confident when teaching PSHE.

All children make progress from a range of starting points.