

Using positive instructions

Instead of telling them what you DON'T want them to do...

Stop running!	You mustn't kick!	Don't spill that drink!
Don't eat all the crisps..	Don't talk so quietly..	Don't write it so big..
Stop Shouting out!	Stop looking at your phone..	Don't drop that plate!

Tell them what you DO want them to do!

Show me that careful walking..	Keep your feet still....	Show me how carefully you can hold that drink!
Share those crisps with your friends	I need to hear your big voice!	Can you do your small writing?
I can choose you when you are quiet 😊	I need you to look at me...	Keep holding it just like that!